

Here are a few texts that will remind us of God's view of patience and perseverance.

(2 Pet 1:5-6 KJV) And to . . . . temperance patience; and to patience godliness.

(Rev 2:25 KJV) Hold fast till I come.

(Eccl 7:8 NIV) Patience is better than pride.

(Mat 24:13 NIV) He who stands firm to the end will be saved.

(1 Cor 13:4-7 NIV) Love is patient, . . . it is not proud. . . . it . . . . always perseveres.

(Heb 12:1 NIV) Let us run with perseverance the race marked out for us.

**Other terms for patience: Longsuffering, tolerance, stick-to-it-I've-ness, composure, endurance, calmness.**

## One Last Thought. . . .

*The children are to be instructed with kindness and patience. . . . Let the parents teach them of the love of God in such a way that it will be a pleasant theme in the family circle, and let the church take upon them the responsibility of feeding the lambs as well as the sheep of the flock.*  
{Ellen G. White, *Child Guidance*, p. 42}



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## Christian Values Your Kid Should Know



## Patience and Perseverance<sup>1</sup>

<sup>1</sup> Based on the book "10 Christian Values Every Kid Should Know," by Dr. Donna Habenicht. Review & Herald

*Rest in the LORD, and wait  
patiently for him. Psalm 37:7 KJV*

A few general guidelines may be helpful as you guide your children.

**1. Gradually teach young children how to wait for something they want.**

**2. Engage your children in activities that cannot be finished immediately.** Deliberately plan activities that will take more than one session to finish. Leave a jigsaw puzzle on a card table for the family to work on as anyone has time. The best learning takes place when a parent and child do projects together – model airplanes, sawing, knitting, etc.

**3. Help children learn how to deal with frustrations.**

**4. Teach your children that success and perseverance are closely related.**

**5. Teach your children that impatience and impulsiveness can have very real consequences.**

**6. When a task seems overwhelming, help your child over the difficult spot.**



## **FAMILY ACTIVITIES**

Try some new family activities in which everyone is learning together. Or do an activity that is new to your children. The focus should be having fun while learning patience and perseverance.

**1. Learn to make a kite** and fly it.

**2. Put together a 2,000-piece jigsaw puzzle** or one of those that are only one color.

**3. Make a Christmas decoration** for neighbors or members of your extended family.

**4. Make and decorate Christmas cookies** for all your aunts and uncles and cousins or for each child's class.

**5. Learn to do counted cross-stitch.** Simple patterns are available. It's easier than crocheting or knitting. You can't lose a stitch, and the cloth is always there when you want to pick it up again. It's a great concentration developer.

**6. Learn to identify the songs of 10 most common songbirds** of your area.

**7. Learn to identify all the countries of Africa.** Learn something about each country, like its geographical terrain, or the most important products, or something interesting about its people or history. Then learn to identify all the countries in each of the continents.

**8. Learn to play hopscotch.**

**9. Learn to jump rope.** Older children can learn complicated maneuvers and jumps.

**10. Learn to skateboard.**

**11. Learn to in-line skate** as a family. No excuses. Mom and Dad. Everyone included.

**12. Memorize a classic hymn.** Learn about when and why it was written. Learn all the verses. Learn what they mean.

**13. Learn some basic tumbling moves,** such as rollovers and standing on your head.

**14. Memorize a new Bible verse** every week until you have learned a complete chapter. Start with an easy and short chapter, such as Psalms 23.

**15. Make a quilt together.**

**16. Make a simple woodworking project together.**

**17. Learn to read a simple recipe and make it.**

**18. Plant a small garden.**

**19. Commit to keeping a section of highway clean of trash – adopt-a-highway program.**

**20. Make a model together** – airplane, car, dollhouse, etc.