
WAYS A WIFE MAY EXPRESS LOVE TO HER HUSBAND

(How to convince your husband you love him)

The following list sets forth practical ways a wife may express her love to her husband. Use it as a guide to help you evaluate the way you express love to your husband. Circle any ideas you are neglecting which show your husband you love him. Ask him to go over the list and put a check mark in front of the ways he would like you to express love, and to add other things to the list.

You may express love to your husband by:

1. Greeting him at the door when he comes home with a smile, a hug, a kiss and an "Am I glad to see you. I really missed you today."
2. Having a cup of coffee or tea (or his favorite beverage) ready for him when he comes home from work.
3. Giving him a lingering kiss.
4. Letting him know you like to be with him and making arrangements so you can spend time with him without giving the impression that you really should or would rather be doing something else.
5. Being willing to talk with him about his concerns and not belittling him for having those concerns.
6. Supporting him and cooperating with him enthusiastically and positively when he has made a decision.
7. Teasing him and flirting with him.
8. Seeking to arouse him and by sometimes being the aggressor or leader in sex relations.
9. Asking him to have sex relations more than he would expect you to.
10. Letting yourself go when having sexual relations.
11. Caressing him.
12. Looking at him with an adoring expression.
13. Holding his hand.
14. Sitting close to him.
15. Rubbing his back or . . .
16. Wearing his favorite nightgown or dress or perfume or . . .
17. Expressing your love in words or notes.
18. Letting him know that you appreciate him and you appreciate about him. Do this often and for things that are sometimes taken for granted. Pretend you are trying to convince him you think he is great and very important to you.
19. Standing with him and supporting him in his attempt to live for God.
20. Fulfilling his implied or unspoken desires or wishes, as well as the specific requests he makes of you. Anticipate what he might desire and surprise him by doing it before he asks.
21. Playing with him (tennis, golf, party games, etc.); sharing his hobbies and recreational preferences enthusiastically; including him in yours.
22. Enthusiastically cooperating with him and sharing with him in devotions and prayer.
23. Maintaining your own spiritual life through Bible study, prayer, regular church attendance and fellowship with God's people.
24. Handling your affairs decently and in order; structuring your time and using it wisely.

25. Being willing to face and solve problems even if it requires discomfort, change and much effort.
26. Fulfilling your responsibilities.
27. Asking his advice when you have problems or decisions to make.
28. Following his advice unless to do so would violate Biblical principles.
29. Being ready to leave at the appointed time.
30. Thanking him in creative ways for his attempts to please you.
31. Asking for forgiveness and saying, "I was wrong and will try to change.
32. Actually changing where you should.
33. Working with him on his projects or . . .
34. Reading the literature he asks you to read and sharing your insights.
35. Letting him know when he has tough decisions to make, and even when they are not so tough, that you really believe he will choose the right thing and that you will wholeheartedly support him in whatever decision he makes, provided the decision does not violate clearly revealed Biblical principles. Be his best cheerleader and fan club.
36. Buying gifts for him. . .
37. Watching football or some other sporting events with him and trying to really manifest an interest.
38. Cooking creatively and faithfully.
39. Keeping the house neat and clean.
40. Being appreciative and cooperative when he holds you, caresses you or kisses you.
41. Lovingly giving him your input when you think he is in error.
42. Offering constructive suggestions when you think he could improve or become more productive. Don't push or preach or do this in such a way that you belittle him, but seek positive and non-threatening ways to help him become more fully the man God wants him to be.
43. Running errands gladly.
44. Seeking to complete, not compete with him. Be the best member of his team and seek to convince him that you are just that.
45. Being lovingly honest with him - no backdoor messages - no withholding of the truth that may hinder your present or future relationship.
46. Being willing to see things from his point of view; by putting the best interpretation on what he does or says until you have proof that proves the contrary.
47. Pampering him and making a fuss over him.
48. Being happy and cheerful.
49. Refusing to nag.
50. Giving a gentle brush of a leg under the table.
51. Having candlelight and music at dinner.
52. Indicating you want to be alone with him to talk or just lie in each other's arms.
53. Giving an "I promise you" wink.
54. Going for a walk with him.
55. Letting him know you are lonely when he is out of town or away from you for a period of time.
56. Relating what happened to you during your day.
57. Sharing your fears, concerns, joys, failures, etc.

58. Seeking to support your ideas with Biblical insights and good reasons.
59. Refusing to "cop-out," "blow-up," attack, blameshift, withdraw or exaggerate when he seeks to make constructive suggestions or discuss problems.
60. Giving him your undivided attention when he wants to talk.
61. Discussing the meaning of certain Bible passages.
62. Cheerfully staying up until o'clock to solve a problem or share his burdens.
63. Holding him close while expressing genuine concern and tangible and vocal love when he is hurt, discouraged, weary or burdened.
64. Being eager to share a good joke or some other interesting information you have learned.
65. Working in the yard, painting a room, washing the car, etc. together.
66. Planning vacations and trips together.
67. Wanting to keep family memorabilia, newspaper clippings, church releases, etc. that have to do with your husband.
68. Bragging about him, his accomplishments and how good a husband he is to other people.
69. Joining him in a team ministry at the church.
70. Doing a Bible study or a Bible research project together.
71. Doing a good job in bookkeeping family finances.
72. Helping prepare the income tax report.
73. Keeping in touch through letters with your family and friends.
74. Keeping yourself attractive and neat.
75. Inviting other people in for dinner and fellowship.
76. Developing and using the spiritual gifts God has given you.
77. Asking him to pray with you about something specific.
78. Managing to stay within the family budget and even save some for special surprises.
79. Being excited about sharing the gospel with others, about answered prayer or helping other people.
80. Making a list for him of things that need to be done around the house.
81. Being satisfied with your present standard of living, furniture or equipment when he can provide no more.
82. Not making nostalgic comments about your father's way of doing things, which may seem to imply that you think your father was a much better man than your husband.
83. Acknowledging that there are some specific areas or ways in which you need to improve.
84. Taking care of his clothes so that he is always well dressed.
85. Appreciating and helping his mother, father and relatives.
86. Refusing to disagree with him or confront him in the presence of others.
87. Cooperating with him in establishing family goals and procedures, and then fulfilling them.
88. Being silly and unconventional at times in your lovemaking.
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